

PLAY >

YOUR BEST TENNIS
AT THE BEST VENUE

Your membership to Living Tennis Club,
Bisham Abbey National Sports Centre, Marlow

The local destination for tennis



PASSION >



BE PART OF A SPORTING HERITAGE

Bisham Abbey National Sports Centre is an iconic tennis venue which has nurtured many of the UK's best tennis players over the years including, Kyle Edmund, Tim Henman, Laura Robson and many more! It boasts state-of-the-art sporting facilities and is a centre of excellence for many of the country's leading sportsmen and women as well as the local community. It provides a prestigious training venue for over 20 different sports and organisations including the English Institute of Sport, England Hockey, England Football, England Netball, Rugby Associations and Living Tennis. Bisham Abbey provides training facilities for a range of Olympic medal winning athletes.

A PASSION FOR PLAY AND PERFORMANCE

Living Tennis was founded in 2012 when Delgado Tennis owner Paul Delgado formed a partnership with former world top 100 player Martin Lee, Jamie Delgado (Andy Murray's coach) and former internationally ranked junior Johnny Delgado.

In 2018, Living Tennis and the Delgado & Lee Pro Tennis Academy was selected by the LTA as a Regional Player Development Centre in the LTA's Performance Pathway, one of only 11 centres across the UK.

Our passion continues to be "Opportunity and Accessibility" and to deliver the very best for all levels of player, all of our facilities have been designed for disabled access.

We are delighted to open the doors to this fantastic venue, to be enjoyed by residents of Marlow and the surrounding area, regardless of tennis playing level.



YOUR EXCLUSIVE TENNIS CLUB

Living Tennis founders launched the Living Tennis Club at Bisham Abbey to welcome players of all levels to join a unique club with unrivalled facilities.

Being part of this prestigious club provides access to this iconic venue and opportunities for beginners wishing to learn the basic strokes and techniques of the game. More advanced and regular players wanting to take their game to the next level will also be able to compete and train with our team players.

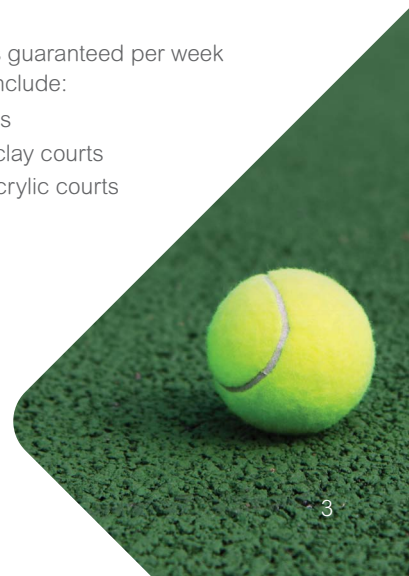
Living Tennis Club members benefit from year-round play, 7 days a week*, whatever the weather on our impressive international level tennis courts.

Over 600 court hours guaranteed per week for members which include:

- 4 indoor hard courts
- 4 outdoor artificial clay courts
- 4 floodlit outdoor acrylic courts



*Depending on availability.





YOUR ADVANTAGE

Our Club Hosted Sessions and Team Training Sessions take place on both the indoor and outdoor courts supervised by Living Tennis.

YOUR FAMILY

Juniors have equal opportunities to adults for court time, unlike most traditional clubs! (excluding Hosted sessions)

YOUR SPACE

With 40 acres of beautiful grounds overlooking the River Thames, there's plenty of outdoor space for you to enjoy. Spending time at the Club meets your lifestyle needs for increased fitness, relaxation as well as play.

- Reception
- Refuel Café
- Member-only events
- Changing rooms
- Racket stringing
- Pro-shop
- Parking

YOUR WELLBEING



Tennis provides a great anaerobic workout as nearly every muscle in your body is used whilst playing on-court. With short sprints, constant changes of direction and motion, tennis is a great sport to build muscle and stamina. It's also good for your mind as practising new skills and techniques requires concentration and focus. It is an extremely sociable sport for all ages and can form friendships for life.

YOUR PLAY

Let's not forget that tennis is also tremendous fun and nothing beats a friendly doubles match with fellow club members on a beautiful summer's evening in the stunning grounds of Bisham Abbey. Whether it's an indoor or outdoor court, the surroundings are truly inspiring.

GET ON COURT AND RAISE YOUR GAME





> NO JOINING FEE

YOUR MEMBERSHIP

With no additional joining fee, the membership offers up to 20 hours of court time per week.

Hosted sessions are included within your membership.

“excellent value for money”

LIVING TENNIS MEMBERSHIP

- Courts are bookable 7 days in advance
- Can book **up to 2 hours per day**
- Attend Hosted Club sessions at no extra cost
- Attend Team Player sessions (team level only) at no extra cost

Living Tennis Members' monthly fee of £40.00. Equals a total of 20 hours of court time per week.

(subject to availability)



Category	Cost Per Month	Annual Cost
Living Tennis	£40	£480

All members receive personal membership cards which need to be presented and scanned at Reception in the main sports centre to gain access. The Club's membership system enables you to easily manage your subscription, court and session bookings, monitor your activity and keep you informed about future events and Club news.

CORPORATE MEMBERSHIP

Annual memberships for organisations will be eligible for 10% discount with 20+ employees joining.

NON-MEMBERS AND GUESTS

Non-members are welcome to come and use the tennis facilities by booking and paying for courts 3 days in advance.

Indoor court

Standard hourly rate of £25

Outdoor court

Standard hourly rate of £15



To become a member of the Living Tennis Club, simply sign-up online by registering and completing the process

<https://eleisure.sportsoft.co.uk/iten/home>



LIVING TENNIS MEMBERS' CLUB HOSTED SESSIONS AND TEAM TRAINING

Exclusively for Living Tennis Members, the optional Club Hosted Sessions will be supervised by Living Tennis. To attend these sessions, Members' must attend a half-hour Coach

Assessment* where they will be given a skills level grade by Living Tennis:

1. **Intermediate**
2. **Advanced**
3. **Team Player**

This will ensure members attend sessions with similar level players to gain the maximum benefit and enjoyment on-court. There will be plenty of opportunity for mixed play with fellow members as Living Tennis organises rotation doubles matches and are on the ball to ensure all players get equal court time throughout these sessions.

* An additional one-off charge of £25.00 applies for the coach assessment.



SESSIONS

HOSTED

Club Hosted Sessions may be booked online up to 7 days in advance, on a first come first served basis. These sessions will be capped to 32 players.

Courts are available to book 7 days per week with the peak evenings as per the illustrated table.

All Hosted Sessions are not coaching sessions but supervised by Living Tennis.

Day	Time	Session	Skill Level
Tuesday	7pm – 10pm*	Club Hosted Outdoors	Intermediate & Advanced
	8pm – 10pm	Club Hosted Indoors	
Wednesday	7pm – 10pm*	Team Player Outdoors	Team
	8pm – 10pm	Team Player Indoors	
Thursday	7pm – 10pm*	Club Hosted Outdoors	Intermediate & Advanced
	8pm – 10pm	Club Hosted Indoors	

*** 7-10pm during July-August and all school holidays**

The allocation for courts on Hosted Sessions will be increased or decreased based on attendance and numbers. **For players 18+**





JOIN YOUR CLUB



**With limited membership available,
on a first come first serve basis, apply online:**

<https://eleisure.sportsoft.co.uk/lten/home>

Telephone: 01628 487775

Memberships: Sales@livingtennis.co.uk

Bookings: bookings@livingtennis.co.uk

Coaching: headcoach@livingtennis.co.uk

**Living Tennis Club
Bisham Abbey National Sports Centre
Marlow Road
Bisham, Marlow
SL7 1RR, UK**



LOCATION

The Living Tennis Club is based at Bisham Abbey National Sports Club, situated on the banks of the River Thames in beautiful landscaped surroundings.

Located midway between Junction 4 of the M40 and Junction 8/9 of the M4, Bisham Abbey is ideally situated for access from London, Heathrow, Southeast and the Midlands. Our nearest airport is Heathrow a mere 30-minute drive away and our nearest train station is Marlow just a short five minutes away. Alternatively, Maidenhead and High Wycombe have good links to London and are also only 10-15 minutes drive.

We take privacy and protection of your data seriously and follow the new GDPR compliance guidelines.
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All prices are correct at the time of print and are subject to change. Terms & Conditions apply to all members and non-members.



Living Tennis Club
Bisham Abbey National Sports Centre
Marlow Road
Bisham, Marlow
SL7 1RR, UK



www.livingtennis.co.uk

M40

HIGH
WYCOMBE

J4

A404

MARLOW

BISHAM



COOKHAM

A404

MAIDENHEAD

J8/9

M4

WINDSOR

M40

M4