

Delgado & Lee

PRO ACADEMY

at Bisham Abbey National Sports Centre





The Delgado & Lee Pro Academy was formed in June 2014...



The Programme is headed by former ATP top 100 player Martin Lee and former ATP player and full time coach to Andy Murray, Jamie Delgado.

The programme has been designed in order to give players the best opportunity to embark on a professional career and provides full time training and full time residential facilities. Accommodation can be full or part time depending upon individual requirements.

The Delgado & Lee Pro Academy programme offers the following:

- Full time or part time training plans
- Full Strength and Conditioning Programme
- Academic Education with our partner Claires Court Independent School
 - Full board on site
- Sports Psychology
- Sports injury prevention and treatment plans
 - Tournament scheduling and planning
 - Nutrition and Lifestyle advice
 - Sports Massage
 - Travelling coaches
- Professional Restringing and Customisation Service
- On court video analysis

Pro Academy@ Bisham Abbey NSC

Where do you go from here?

Coaching Apprenticeships

US College

Full Time Tennis

British University

What do we offer?

Professional Restringing & Customisation Service

On Court Video Analysis

Full Strength & Conditioning Programme

Sports Technology

Travelling Coaches

Full Board on-site @ Bisham Abbey

Sports Injury Prevention & Treatment Plans

Academic Education with our partnership Claires Court Independent School

Nutrition & Lifestyle Advice

Tournament Scheduling & Planning



The Delgado & Lee Pro Academy has a partnership with Claires Court Independent School, Maidenhead to ensure that every full time player is able to access a top level education whilst not compromising the needs of a full time player.

Living Tennis has an exclusive discount with Claires Court for Delgado & Lee Pro Academy players.

The partnership with Claires Court Independent School as the academic providers for the Delgado & Lee Pro Academy (ages 12 -18) was established to permit the most talented to take their tennis further whilst retaining a core of academic study.

The pathway to American Universities and tennis scholarships is also a key focus of this partnership.

Claires Court is a school for families, run by a family, providing private education for young people aged 3-18 years. Based on three sites across Maidenhead, they are a broad ability day school offering a diamond shape education. This allows a unique opportunity for boys and girls to be educated during their main school years separately. They come together for trips and visits, whilst at Sixth Form pupils benefit from a co-educational provision.



The Delgado & Lee Pro Academy has a partnership...



Typical examples of a school day and a non school day



SCHOOL DAY						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
06:45						
07:00						
07:15						
07:30	TENNIS	TENNIS		TENNIS	TENNIS	
07:45			FITNESS			
08:00						
08:15						
08:30						
08:45						FITNESS
09:00			TENNIS			
09:15						
09:30						
09:45						
10:00						TENNIS
10:15						
10:30						
10:45						
11:00	SCHOOL	SCHOOL		SCHOOL	SCHOOL	
11:15						
11:30			SCHOOL			
11:45						
12:00						
12:15						
12:30						
12:45						
13:00						
13:15						
13:30	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
13:45						
14:00		FITNESS	FITNESS		FITNESS	
14:15						
14:30	SCHOOL			SCHOOL		
14:45		TENNIS	TENNIS		TENNIS	
15:00						
15:15						
15:30						
15:45						
16:00	TENNIS					
16:15						
16:30						
16:45		FITNESS	FITNESS	FITNESS		
17:00						
17:15						
17:30	FITNESS					
17:45						
18:00						

NON SCHOOL DAY						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
08:30						
08:45						
09:00						
09:15				FITNESS	FITNESS	FITNESS
09:30						
09:45						
10:00		FITNESS	FITNESS			
10:15						
10:30				TENNIS	TENNIS	TENNIS
10:45	FITNESS					
11:00						
11:15						
11:30						
11:45						
12:00	TENNIS	TENNIS	TENNIS			
12:15						
12:30						
12:45						
13:00						
13:15						
13:30					FITNESS	
13:45						
14:00						
14:15						
14:30						
14:45						
15:00	TENNIS	TENNIS	TENNIS	TENNIS	TENNIS	
15:15						
15:30						
15:45						
16:00						
16:15						
16:30						
16:45						
17:00	FITNESS	FITNESS	FITNESS	FITNESS		
17:15						
17:30						

The Venue



Facilities



Bisham Abbey National Sports Centre is the head office and flagship academy of Living Tennis.

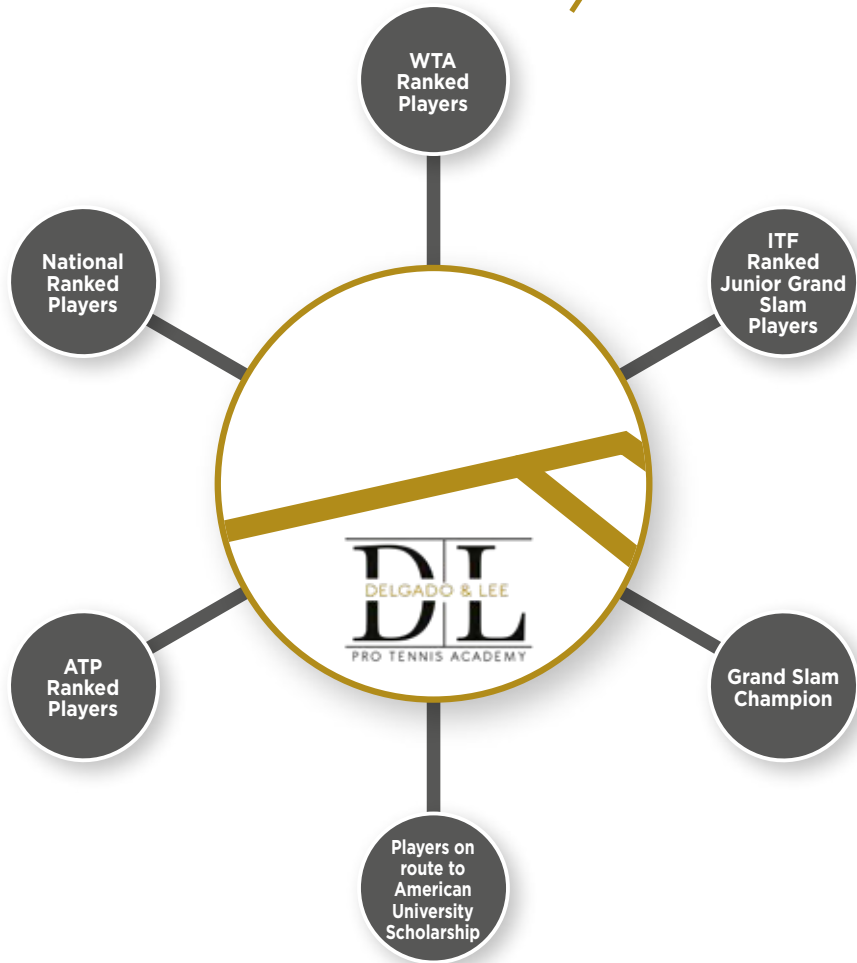
Situated near Marlow on the River Thames in between Junction 4 of the M40 and Junction 8/9 of the M4, the academy is just 20 minutes from Heathrow Airport and 30 miles from the centre of London.

With 4 indoor courts, 4 floodlit outdoor acrylic courts and 4 artificial clay courts, the Living Tennis Pro Academy trains at one of the best facilities in the country including full board on site.

In addition to excellent tennis facilities, Bisham NSC houses the English Institute of Sports' facility for world class athletes and is also the home of many GB bodies such as GB hockey and GB rowing.



Pro Academy Players



Former and Current top British tennis players that have used Bisham Abbey as their base over the last 20 years include:

Tim Henman, Kyle Edmund, Johanna Konta, Laura Robson, Jamie Delgado, Martin Lee, Miles Maclagan, Barry Cowan and Mark Petchey.

Professional Endorsements



I fully support Living Tennis and their vision for opportunity and accessibility. Knowing their background and expertise in both grass roots and performance tennis they can offer the next generation a top level delivery within their academies.

Andy Murray
Wimbledon Champion



"I first trained at Bisham Abbey back in 1982 and am delighted that Living Tennis will be bringing their experienced team to train the next generation of tennis hopefuls at a world class venue. I've known the Delgado brothers and Martin Lee since I was a boy and am confident they will be able to offer top class coaching and knowledge to all their players. I always get a great practice with the Living Tennis Pro Academy players when I am at Bisham Abbey".

Tim Henman



Jamie Delgado playing for team GB in the Davis Cup with Andy Murray



Martin Lee vs Pete Sampras on Centre Court at Wimbledon



OPTION 1:	OPTION 2:	OPTION 3:	PRO ACADEMY OTHER
Tennis and Fitness Mon - Sat £16,850.00	Tennis and Fitness Mon - Sat £16,850.00	Tennis and Fitness Mon - Sat £16,850.00	Tennis and Fitness Half day £48.00 Full day £95.00
Accommodation Mon - Fri/Sat Sharing £7,337.00 (Single £14,674.00)	Accommodation Mon - Fri/Sat Sharing £7,337.00 (Single £14,674.00)		Squad Tennis 90 mins £30.00 Squad Fitness 90 mins £19.50 Squad fitness 30 mins £12.00
Food Mon - Sat £5,544.00			Private Tennis £53.00 Private Fitness £52.00 Travel day rate £180.00 Food allowance day rate £25.00
			Accommodation Sharing £38.00, Single £76.00 Breakfast £9.00 Lunch £10.00 Dinner £12.00
TOTAL £29,731.00	TOTAL £24,187.00	TOTAL £16,855.00	
			Kit: Hoodie £32, T-shirts £22
SCHOOL FEES 2023/2024			
YEAR GROUPS	SCHOOL TERMLY	RPDC & NATIONAL	D&L PLAYER FEES
7 - 9	£6,600.00	£3,300.00	£4,356.00
10 - 13	£6,600.00	£3,300.00	£4,356.00

Contact us: The team behind Living Tennis Pro Academy

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